

Free Weekday Meals

Breakfast every day at Boulder Shelter 6:30-7:15.
Coordinated entry required.

Bridge House Community Table Meals:

Sack meal served from Grace Commons Annex parking lot (1603 Walnut).

Monday-Friday @ 5:00-6:00pm

www.boulderbridgehouse.org 720-386-9002

Harvest of Hope Food Pantry 2960 Valmont Road
Sack Lunch, Mon-Fri, Noon-2pm

Tuesdays 2:30-4 pm

"Feet Forward" at the Bandshell,
Hot food, beverages, warm clothing, toiletries.

Wednesdays 10:30 am, at the Bandshell.

"Homeless Cares" breakfast: burritos, muffins, etc.

Thursdays, 8:00-9:00 am Lamb's Café,
Grace Commons Courtyard, 1820 15th St.

Monday, Wednesday, Friday 12:15 "Circle of Love". At the Boulder Bandshell & along Boulder Creek. Hot soup, sandwiches, hard boiled eggs, socks, hats, gloves, hand warmers, bottled water.

Free Weekend Meals

2nd and 3rd Saturdays, OPEN 4 pm : Journey Church dinner in the Park. 13th and Canyon near the Bandshell in Central Pk., OR Library if weather is bad.

Sundays

1st @ Noon: St. John's Episcopal Ch., 1419 Pine

2nd @ 12:30: Trinity Lutheran, 2200 Broadway

3rd @ Noon: First U Methodist Ch., 1421 Spruce

4th @ Noon: First Congregational Ch., 1128 Pine

5th @ Noon: Grace Commons Ch., 1820 15th

EVERY SUN. 5:00 pm: Outdoor evening meal:
Colorado FriendShip, parking lot of Justice Center at 6th & Canyon.

FOODBANKS

Harvest of Hope Food Pantry 2960 Valmont Road, 720-382-1971. Sack Lunch for People without kitchens, Monday-Friday Noon-2:00 pm. People with kitchens, shop M-F 9-11 am, or Thurs. 4:30-6:30 pm

Emergency Family Assistance Assn. (EFAA)

1575 Yarmouth, 303-442-3042. Mon, Tues, Weds, Fri 12:30-4:30pm or Thurs 2-6pm

Coordinated Entry (CE)

How to Access Adult Homeless Services in Boulder County under COVID Restrictions:

Are you a homeless adult (18 +) with no children in your household? Do you need a safe place to sleep, shelter, or help with basic needs? Your first step to receiving services from Boulder County is by calling CE. This is a required step for anyone seeking homeless-related services. You will talk with a staff person and go through a short assessment. Based on that information, you will be referred to the most appropriate services given your needs. Services include shelter; help identifying housing options, basic-needs services, case management and more.

Coordinated Entry is walk in or call:

M, W, TH, F 10am-4pm, 303-579-4404
Age Well Center, 909 Arapahoe

What if I need help after CE hours?

You may go to the Boulder Shelter 5-7pm
You must complete the assessment at the next available time to access future services.

Boulder Shelter for the Homeless

Coordinated entry is required for all Services.

Intake is 5-7pm. Masks are required.

NO WALK-UP MORNING SERVICES

Closed for Services 10am -5 pm.

Free bus every day

5:00pm from 11th & Walnut to BSH

8:00am from BSH back to 11th & Walnut

4869 N. Broadway 303-442-4646

www.bouldershelter.org

The Lodge 303-447-9602

Emergency Overnight Shelter for individuals who identify as women, transgender, or nonbinary. Call to confirm location: Westview Church, 6710 Arapahoe, west driveway (sign on door). Walk-ups welcome. Doors open 7pm, do not arrive before 6:30.

**OCTOBER 2021
Edition**

A quick list of resources for people facing Homelessness in Boulder, CO

(a.k.a. The Handy Dandy Handout)



Mile High United Way Info: is now a **COVID INFO HOTLINE** as well as a free number to call for help for any supportive services, basic needs to childcare. Dial 211 or text zip code to 898-211

**Updated on 10/1/2021
by Russ Teets
Grace Commons Church**

Resources

Boulder County AIDS Project

- ❖ 2118 14th Street, 303-444-6121
- ❖ Free needle exchange M-F, 2:00-5:00 pm
- ❖ Free, rapid, & anonymous HIV, Hep C testing.
- ❖ Call for appt. Bilingual staff available.

BCH Opioid & Chronic Pain Response

- ❖ Shelby Souther, Patient Navigator - 303-415-8659

Boulder County Housing & Human Services

- ❖ 3460 Broadway, Boulder
- ❖ bouldercounty.org 303-441-1000
- ❖ Food Assistance, Rental Assistance, Cash Assistance
- ❖ Food stamps, TANF, Medicaid & Housing
- ❖ Mon-Fri 8:00am-4:30pm

Boulder Police Dispatch: 303-441-3333
Emergency: 911

Center for People with Disabilities

- ❖ 1675 Range St, Boulder, CO 80301, 303-442-8662
- ❖ Resources, information and advocacy to assist people with disabilities in overcoming barriers to living.

Clothing and Personal Items

- ❖ **Deacons' Closet**
- ❖ at Grace Commons Annex Parking Lot,
- ❖ 1603 Walnut, **Thursdays** 9:00-10:30 am

Community Circle with Elizabeth Stahl MA,
Psychotherapist, A free group to support transition

- ❖ Tuesdays 11:30-12:30 pm on Zoom
- ❖ To enroll: 646-573-0195, **Must register first!**
www.elizabethstahlpsychotherapy.com

Dental (Accepts medicaid)

- ❖ **Dental Aid** 4155 Darley Phone: 303 499-7010
- ❖ **Comfort Dental:** 4550 N Broadway, 303-848-2906
- ❖ **Comfort Dental:** 3400 Arapahoe, 303-444-2129

Emergency Family Assistance Association (EFAA) All requests handled by phone

- ❖ 1575 Yarmouth, 303-442-3042
- ❖ Assistance with deposit or first month rent, food, furniture, minor medical & dental costs, short term housing, and transitional housing for **families.**
- ❖ Assistance for seniors, and people with disabilities.

Boulder Community Health Foothills Hospital

- ❖ 4747 Arapahoe Avenue, 303-415-7000

Mental Health Partners

24/7 Walk-in Crisis Center & Addiction Services:
Call 1-844-493-TALK; text TALK to 38255 or go to 3180 Airport Rd. Boulder CO

- ❖ New clients and to schedule appts: Call 303-443-8500
- ❖ All other MHP locations currently closed for general entry.
- ❖ Clients should check with their provider/CARE team prior to their appointments regarding delivery of care as more in-person services are gradually phased-in.

MESA Rape Crisis Hotline 303-443-7300

Little Flower Maternity Home

- ❖ Free maternity housing for pregnant mothers 18+
- ❖ Free pregnancy test and resources.
- ❖ 720-609-2934

Mother House 303-447-9602

- ❖ Residential program for pregnant women (18+)

OUT Boulder, LGBTQ Community

- ❖ 2132 14th St. 303-499-5777

People's Clinic & Clinica Family Health Services

- ❖ Open for urgent preventative appts. Pharmacy open.
- ❖ COVID testing, COVID vaccinations 12+, telehealth.
- ❖ M,W,F 8am-5pm, T,TH 8am-9pm
- ❖ 2525 13th St., Boulder, CO 80304 **303-650-4460**

St. Benedict Health & Healing Ministry

FREE CLINIC NO EMERGENCY SERVICES.

Please call 303-669-2700 to check status

- ❖ Doctor, Nurse, and Physical Therapist Visits.
- ❖ 12 noon-1:00pm (Coincides with Sunday noon meals)
- ❖ 1st Sunday-St. John's Episcopal Church
- ❖ 2nd Sunday-Trinity Lutheran Church
- ❖ 4th Sunday-First Congregational Church
- ❖ Sister Carmen Center—call for hours

Safehouse Progressive Alliance for Nonviolence (SPAN) 24/7 Crisis Hotline 303-444-2424

- ❖ Counseling, legal advocacy, and support groups for survivors of domestic violence
- ❖ **Emergency safe shelter for survivors fleeing abuse**

TGTHR (Formerly Attention Homes)

- ❖ 3080 Broadway, 303-447-1207
- ❖ The Source Drop in Center—7 days/wk 12:30-5 pm for Hot meal, Showers, Clothing, Toiletries, Laundry, Internet, GED help, housing & employment help, clothing, counseling and more for **ages 12-24.**
- ❖ Overnight Shelter 5 pm each night. **(Ages 12-20)**

Social Security

- ❖ 480 Dahlia St, Louisville CO 80027
- ❖ 1-800-772-1213 / 1-800-325-0778
- ❖ M,T,TH,F 9:00 am-4 pm, Wed. 8:00 am-12:00 pm

Street Paws Emergency needs for dogs and cats

- ❖ Call: 720-840-4636 (for pets of homeless clients)

Withdrawal Management

- ❖ 3180 Airport Road, Boulder, CO 80301
- ❖ **303-441-1281**
- ❖ **Services offered: Detox and referral to substance abuse treatment programs.**

Transportation:

RTD Bus Station

Local Buses: 303-299-6000, Walnut & 14th

Community Cycles: Refurbished bikes 720-565-6019

- ❖ 2601 Spruce St., Unit B, Boulder, CO 80301
- ❖ Th-Sun, 11am-4pm

VIA Mobility Services 303-447-2848

zTrip 303-699-8747 ztrip.com/boulder

Veteran's Services

Boulder Vet Center: 303-440-7306

4999 Pearl East Circle, 80301
Counseling & Referral, VA Benefits Explanation, and other services.

VA Crisis Line: 1-800-273-8255

VA Homeless: 1-877-424-3838

Veterans Helping Veterans Now: 303-772-9777

Volunteers of America Bk Home: 720-501-3368